Dear Friends,

We are pleased to announce several new books from Skinner House that are great resources for new members, for worship services, and to aid in transitions in your congregation. There are also books featured that will challenge you to assess your views of our worship and culture.

*The Unitarian Universalist Pocket Guide*, Sixth Edition, edited by UUA President Susan Frederick-Gray, has been extensively revised, giving voice to Unitarian Universalists of all ages, backgrounds, and varying beliefs. This is truly an introduction to our faith with resources and information for this crucial time in Unitarian Universalism.

Erika Hewitt and Becky Brooks, authors of *Sparks of Wonder: Theme-Based Ministry for the Whole Congregation*, present an omnibus collection of services, readings, songs, and programs for all aspects of church life, related to five evocative themes.

*The Spirit That Moves: Readings and Rituals for Times of Change and Transition*, edited by Barbara Child, is a collection of worship materials, ranging from prayers, responsive readings, and chalice lightings to personal reflections, rituals, and more to help congregations and their members be agents of change.

I also want to call Nancy McDonald Ladd’s book to your attention, as she issues a call for change in *After the Good News: Progressive Faith Beyond Optimism*.

Don’t forget to check out our UU identity products, Side with Love merchandise, and other gift ideas.

We also have a wonderful selection of children's books that will dazzle, charm, and enlighten, as well as a great selection of books for youth and young adults that are fun and inspiring.

Rose Hanig
Manager, inSpirit: The UU Book and Gift Shop
The Unitarian Universalist Pocket Guide
Sixth Edition
Susan Frederick-Gray, Editor

The most complete introduction to Unitarian Universalism available, covering ministry, worship, religious education, social justice, community, and history. Extensively revised, the sixth edition gives voice to many individual Unitarian Universalists—people of all ages, coming from many backgrounds, and holding many beliefs—as they share their personal and deeply heartfelt testimonies. Foreword by lifelong Unitarian Universalist Melissa Harris-Perry.

REV. SUSAN FREDERICK-GRAY is the ninth President of the Unitarian Universalist Association. She was elected in June 2017 to a six-year term after serving congregations in Arizona, Ohio, and Tennessee.

After the Good News
Progressive Faith Beyond Optimism
Nancy McDonald Ladd

Progressive faith is at a crossroads. Liberal pulpits ring with grand sermons about progress “onward and upward forever.” Meanwhile, the people in the pews struggle to attend to the suffering of their souls. With humor and humanity, Ladd calls religious progressives to greater authenticity and truth-telling rather than mere optimism. She charts a course forward that includes reclaiming rituals of lament and becoming more accountable in our relationships. She shows how, together, we might build a necessary resilience among ourselves and for the generations to come.

REV. NANCY MCDONALD LADD has served as Senior Minister at River Road Unitarian Universalist Congregation since 2012.
The Interfaith Family Journal
Susan Katz Miller

*The Interfaith Family Journal* is an invaluable resource for family members practicing different religions (or none). Interactive exercises help interfaith families discover for themselves and reach mutual agreement about how they want to honor their combined histories, cultures, and beliefs in ways that nurture joy, creativity, and empowerment. This five-week program encourages reflection, dialogue, constructive ways to engage with extended family, and strategies for connecting with local communities.

**SUSAN KATZ MILLER** is a speaker, educator, and interfaith activist. She is the child of interfaith parents, the parent of interfaith children, and the author of *Being Both: Embracing Two Religions in One Interfaith Family*.

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Sparks of Wonder
Theme-Based Ministry for the Whole Congregation
Becky Brooks and Erika Hewitt

An omnibus collection of services, readings, songs, and programs, centered around five themes: Humility, Journey, Chaos, Power, and God. Each theme has ready-to-use resources for key aspects of church life, including theological reflection, a worship service, spiritual practice, social ethics, readings, reflection questions, home study, and more. Complete with Leaders’ Guides and handouts.

**BECKY BROOKS** is a former Director of Religious Education with years of experience in faith development work. She now writes and develops resources for congregations.

**REV. ERIKA HEWITT** is the UUA’s Minister of Worship Arts and editor of Braver/Wiser, a weekly spirituality series. She also serves as a parish minister.
In Time’s Shadow
Stories About Impermanence
Marilyn Sewell

In *In Time’s Shadow*, Marilyn Sewell reflects on the everyday—the places we live and work, the thoughts we all have but hardly ever share—though these musings may carry the most profound of our human concerns. Using a variety of short literary forms—dramatic monologues, vignettes, letters, prose poems, lists, surrealistic tales—she invites us to ponder with her and perhaps to come to trust that “beyond all our fears, mistakes, regrets, there is a sure holding underlying all that is.”

REV. MARILYN SEWELL is a writer, leader, activist, and speaker. She is the Minister Emerita of the First Unitarian Church of Portland, Oregon, where she served as the Senior Minister for seventeen years.

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Spilling the Light
Meditations on Hope and Resilience
Theresa I. Soto

At once deeply compassionate and spiritually empowering, these inspiring poems provide pastoral care and an encouragement for authentic living. In this 2019 volume of the inSpirit series, Rev. Soto tends to our souls and emboldens us to become our truest selves. Their poems of hope and resilience validate our identities and our humanity—especially for those of us marginalized by mainstream culture.

REV. THERESA I. SOTO is a Unitarian Universalist minister and activist. They have enjoyed interim ministry and chaplaincy with veterans. Soto lives in Ashland, Oregon, with their partner, Rev. Sean Parker Dennison, and serves as a community minister with the Rogue Valley Unitarian Universalist Fellowship.
The Spirit That Moves
Readings and Rituals for Times of Change and Transition
Barbara Child, Editor

Change is a fact of congregational life. Congregations need to be able to respond to and be intentional about times of momentous change in order to thrive. In *The Spirit That Moves*, editor Barbara Child has collected a wealth of worship materials, ranging from prayers, readings, and chalice lightings to rituals, and more, to help you and your congregation turn transition into transformation.

**REV. BARBARA CHILD** is an accredited interim minister, retired from full-time ministry in 2010. She continues to serve congregations as a consultant. With Rev. Keith Kron, she edited *In the Interim: Strategies for Interim Ministers and Congregations*.

Mistakes and Miracles
Congregations on the Road to Multiculturalism
Nancy Palmer Jones and Karin Lin

What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? Nancy Palmer Jones and Karin Lin share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey.

**NANCY PALMER JONES** has served as senior minister at the First Unitarian Church of San José, California, since 2005. With the late Marjorie Bowens-Wheatley, she co-edited *Soul Work: Antiracist Theologies in Dialogue*.

**KARIN LIN** is a member of First Parish in Cambridge, Massachusetts, where she has played a number of leadership roles related to multiculturalism, antiracism, and social justice.
Our Whole Lives
Sexuality Education for Older Adults
Melanie Davis, MEd, PhD, CSE

A holistic sexuality education program for older adults that models and fosters caring, compassion, respect, and justice. It balances knowledge-building with exploration of attitudes, values, and feelings about one's own and others' sexuality. This program is comprehensive and progressive, addressing sexuality with candor, sensitivity, and respect for older adults' wisdom and life experience. This curriculum is comprised of fourteen two-hour workshops, four of which can stand alone.

MELANIE DAVIS is the UUA’s OWL Program Associate and is an all-levels Our Whole Lives trainer. Outside of the UUA, she is an author, sexuality education consultant, and adjunct professor.

Sexuality and Our Faith
A Companion to Our Whole Lives, Older Adults
Richard S. Kimball and Judith Galas, MS

This religious supplement to Our Whole Lives: Sexuality Education for Older Adults provides the spiritual tools to undertake a sexuality education program rich with reflection, conversation, meaning making, and personal growth. Includes ritual, faith-based readings and discussion questions that connect sexuality and spirituality as well as values and behavior.

RICHARD S. KIMBALL is a professional writer and editor and active lay member and religious exploration leader of the Allen Avenue Unitarian Universalist Church in Portland, Maine.

JUDITH GALAS, a retired classroom teacher, now writes and conducts adult workshops for the Osher Institute and for the Our Whole Lives program as a trainer.
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Upcycle Your Congregation
Creative Ideas for Transforming Faith Communities
Sarah Lammert, Editor

Enhancing the quality of congregational life doesn’t always require huge outlays of time and treasure. There are many ways we can “upcycle” the things we already do in our churches, with resources we already have. These nine engaging essays from Unitarian Universalist leaders in the field show creative ways to transform the main ingredients of our congregations into something relevant, innovative, and new.

REV. SARAH LAMMERT has served congregations in California, Utah, and New Jersey and currently serves at the Unitarian Universalist Association as the Co-Director of Ministries and Faith Development along with her colleague Janice Marie Johnson.

Centering
Navigating Race, Authenticity, and Power in Ministry
Mitra Rahnema, Editor
Committee for Antiracism, Anti-oppression, and Multiculturalism of the Unitarian Universalist Ministers Association

Centering is the first book to foreground the stories, analysis, and insight of Unitarian Universalists of color who are offering their religious leadership. Topics include how religious professionals of color can exercise power effectively, claim authority, and connect to others in culturally white settings.

REV. MITRA RAHNEMA has offered her ministry to congregations in Michigan, California, and Missouri. She has served as DRUUMM Vice President and member of the UUMA Committee on Antiracism, Anti-oppression, and Multiculturalism.

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How to Love a Country
Poems
Richard Blanco

This new collection of poems forms a mosaic of seemingly varied topics, but despite each poem’s unique concern or occasion, all are fundamentally struggling with the overwhelming question of how to love this country. In this book, Blanco asserts that America could and ought someday to be a country where all narratives converge into one, a country where we all can truly thrive.

Selected by President Obama to be the fifth inaugural poet in history, RICHARD BLANCO was the youngest, first Latinx, first immigrant, and first openly gay person to serve in the role. He currently serves as the Education Ambassador for the American Academy of Poets.

A Year of Living Kindly
Choices That Will Change Your Life and the World Around You
Donna Cameron

Using stories, humor, and summaries of expert research, Cameron shares her experience committing to 365 days of practicing kindness. She presents compelling research into the benefits of kindness, including health, longevity, improved relationships, and personal and business success. This book provides practical suggestions to help make choosing a life of kindness easier and more natural to accomplish.

DONNA CAMERON has spent her career working in nonprofit organizations. The recipient of multiple writing awards, she has published numerous articles and is the co-author with Kristen Leathers of One Hill, Many Voices: Stories of Hope and Healing.
Almost Everything
Notes on Hope
Anne Lamott

Candid and caring, insightful, and sometimes hilarious, Lamott calls for each of us to rediscover the nuggets of hope and wisdom that are buried within us that can make life sweeter than we ever imagined. Divided into short chapters that explore life’s essential truths, Almost Everything pinpoints these moments of insight and shines an encouraging light forward.

ANNE LAMOTT is the author of The New York Times bestsellers Hallelujah Anyway; Help, Thanks, Wow; Small Victories; Stitches; Some Assembly Required; Grace (Eventually); Plan B; Traveling Mercies; Bird by Bird; and Operating Instructions. She is also the author of seven novels. She is a recipient of a Guggenheim Fellowship.

Leading with Love
Inspiration for Spiritual Activists
Hisae Matsuda, Editor
Illustrated by Maude White

Beautifully illustrated, this book of a hundred quotes draws from a range of contemplative traditions and offers words of wisdom, nourishment, and courage for anyone engaged in working for a more compassionate world. Contributors include Ai Weiwei, Maya Angelou, Chimamanda Ngozi Adichie, Martin Luther King, Jr., bell hooks, Wendell Berry, and others.

HISAE MATSUDA is an editor of books at Parallax Press on personal and community healing.

MAUDE WHITE is a papercutting artist, whose work has appeared in newspapers and art publications including The Artist Magazine, Trouve Magazine, Fine Art Magazine, and others.

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Why It’s So Hard for White People to Talk about Racism
Robin DiAngelo

DiAngelo explores the counterproductive reactions white people have when discussing racism that serve to protect their positions and maintain racial inequality and explains the underlying sociological phenomena. The term white fragility refers to the defensive emotions and behaviors that white people often demonstrate when challenged racially. These include anger, fear, guilt, argumentation, and silence.

ROBIN DIANGELO is an academic, lecturer, and author. Her work has been cited in The New York Times, Colorlines, Salon, The Atlantic and on NPR.

Thick
And Other Essays
Tressie McMillan Cottom

A modern black feminist, Cottom serves up a healthy portion of clever prose and southern aphorisms as she covers everything from Saturday Night Live and LinkedIn to sexual violence, infant mortality, and Trump rallies. This stunning collection mines for meaning in places many of us miss and reveals how the political, the social, and the personal are almost always the same.

TRESSIE MCMILLAN COTTOM is an Assistant Professor of Sociology. Her work has been featured by the Washington Post, NPR’s Fresh Air, and The New York Times, among others. She is the author of Lower Ed: The Troubling Rise of For-Profit Colleges in the New Economy.
Pleasure Activism
The Politics of Feeling Good
adrienne maree brown

How do we make social justice the most pleasurable human experience? How can we awaken within ourselves desires that make it impossible to settle for anything less than a fulfilling life? Author and editor adrienne maree brown finds the answer in something she calls “pleasure activism,” a politics of healing and happiness that explodes the dour myth that changing the world is just another form of work. Drawing on the black feminist tradition, she challenges us to rethink the ground rules of activism.


Waking Up White
and Finding Myself in the Story of Race
Debby Irving

“My hope is that by sharing my sometimes cringe-worthy struggle to understand racism and racial tensions, I offer a fresh perspective on bias, stereotypes, manners, and tolerance. As I unpack my own long-held beliefs about colorblindness, being a good person, and wanting to help people of color, I reveal how each of these well-intentioned mindsets actually perpetuated my ill-conceived ideas about race. I also explain why and how I’ve changed the way I talk about racism, work in racially mixed groups, and understand the racial justice movement as a whole. Exercises at the end of each chapter prompt readers to explore their own racialized ideas.”—from the author

DEBBY IRVING is a racial justice writer and educator.
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KATHLEEN A. GREEN is a Unitarian Universalist minister and doctoral candidate at New York Theological Seminary. She has served congregations in Illinois, Wisconsin, California, and New Jersey. She currently sits on the Board of the Yale Humanist Community.

LORI McELRATH ESLICK has received the Society of Children’s Book Writers and Illustrator’s Best Illustration Magazine Merit Award twice, and she is included on Banks Street College’s list of best children’s books. Her art for Da Wei’s Treasure won the Parent’s Choice Award.

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ALEXANDRA PENFOLD is the author of several children’s books including *Eat, Sleep, Poop.* She is also a literary agent, and one of her clients is Suzanne Kaufman.

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CHELSEA CLINTON is the author of several books for children and youth, including She Persisted and It’s Your World. She is the Vice Chair of The Clinton Foundation.

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BLAIR IMANI is a black queer American Muslim activist. She is the founder and Executive Director of Equality for HER, a nonprofit educational platform for feminine-identifying individuals.

MONIQUE LE is a student and illustrator.
LGBTQ

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KELLY HUEGEL MADRONE is a freelance writer, writing coach, and speaker. She is the author of two books and more than one hundred published articles and has a special passion for working with teens.

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LINDY GIFFORD is an artist, graphic designer, and a lifelong Unitarian Universalist. She is also a lifelong doodler and dyslexic. As a child, teachers told her not to doodle, not realizing that it was an integral part of her learning process. She has found her calling in working to change perceptions about doodling and bringing its healing to as many people as possible.
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Bidwell, Duane R., 14
Blanchard, Eliza, 32
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Brooks, Ben, 31
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Forsyth-Vail, Gail, 32
Frankl, Viktor E., 35
Frevert, Patricia, 6, 32
Frost, Bart, 35
Galas, Judith, 5
Gerin, Carolyn, 19
Gifford, Lindy, 34
Gilio-Whitaker, Dina, 19
Green, Kathleen A., 27
Herrera, Angela, 11
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Lamott, Anne, 13
Landrum, Cynthia, 24
Lappé, Frances Moore, 19
Lee, Justin, 14
Leslie, Susan, 7
Lester, Julius, 31
Lin, Karin, 4
Love, Jessica, 29
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Madrone, Kelly Huegel, 34
Marquis, Annette S., 7
Marshall, Bruce T., 15
Matsuda, Hisae, 13
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