

A Home for Multifaith People and Families

In Unitarian Universalism, we welcome you for who and what you are. Our family, like your family, includes people of many religious backgrounds and beliefs.

Different beliefs don't divide us—instead, they make us strong. We celebrate multifaith families. We are Buddhist-Jewish, Atheist-Christian, Hindu-Muslim, Catholic-Methodist, Agnostic-Modern Pagan, Taoist-Humanist . . . and we are all Unitarian Universalist, committed to a vision of a more just and compassionate world.

We welcome your family, your practices, and your beliefs.

Aisha & Wayne (Muslim-Jewish)

When our marriage began, we never imagined we could find one religious home that respected our very different heritages and affirmed our very similar values. Here we have found a place to grow in faith, respect, and love—a place that cherishes the wisdom and holidays of our ancestors *and* our own progressive pluralistic beliefs.

Melanie & Prasanna (Agnostic-Hindu)

When we started attending a Unitarian Universalist congregation, we were welcomed with open arms and open minds. People thought our multicultural marriage and kids were something to be celebrated. Inclusion was the word that was tossed around, and it fit. We have crafted great family traditions with the support of our Unitarian Universalist community.

Unitarian Universalism honors your beliefs and the spiritual traditions of your heritage. We learn from one another, and grow together.

Brian (Protestant-Catholic)

My parents came from different backgrounds, but agreed they wanted their kids to be brought up to be religiously accepting. I thank my parents for their choice to have me brought up in a loving environment like that of the Unitarian Universalist church. My faith community has made a commitment to me, and I am committed to this faith.

Aneesa (Muslim-Southern Baptist)

We've found a place where it's okay for me to be kind of atheist and kind of Muslim, where it's okay for my family to be a little confused, and where we can bring the mish-mash of cultures and traditions that is my family and the unification of two different worlds that we've created into a safe space that we can all be a part of.

We know your traditions and beliefs are fundamental to who you are. And we know it's not always easy. We help you navigate the challenges that come at holiday times and with extended families.

Raising children Unitarian Universalist

It can be hard to talk with your kids about religion when there are different beliefs in your family. In Unitarian Universalist communities, your kids learn to respect your family's beliefs and rituals, and to develop their own beliefs and practices in conversation with you. Our vibrant programs nurture truth seeking, spirituality, and progressive moral values that will continue to shape and support your children as they grow.

Alison (Christian-Jewish)

Growing up in the open-hearted and open-minded setting of Unitarian Universalism, I felt the absence of judgment. In that sacred space, my family was viewed as doubly blessed by an authentic link to two rich traditions.

Michael and Crystal (Baptist-Catholic)

Our first Unitarian Universalist service was a Coming of Age ceremony. To see these articulate young people speaking so beautifully about their beliefs, which all differed yet all received the same support and applause, moved us. From that point on it is what I wanted for our kids and us. Whichever path my kids choose, I will be proud that they chose it independently while being raised in a tolerant, open minded, spiritual, and educational environment.

As Unitarian Universalists, we are on a supported search for personal truth—one that makes us more brave, more curious, and more compassionate throughout our lifetimes. Interfaith, multifaith, mono-faith, no-faith background—all who share a commitment to personal growth and a vision of a just world are welcome, respected, and celebrated.

Jodi (Jewish-Unitarian Universalist)

I can bring my atheist mother here and my Catholic ex-husband and my modern orthodox-trained Jewish children. And we're just all loved.

REV. SARAH GIBB MILLSPAUGH feels blessed to have grown up in a Jewish, Christian, and UU interfaith family. She has served Unitarian Universalism in congregations and beyond.

For more information, please visit uua.org/beliefs